

REGULAR FOOTCARE CONSISTS OF:

- Washing feet daily in warm water with an antiseptic soap.
- Drying well in between the toes.
- Using a moisturizing lotion on the tops and bottoms of the feet and around the heels, but do not put creams or powder between toes.
- Cutting the nails following the shape of the toe.
- Filing the nail after cutting to remove sharp edges.

