Hike for Hospice



2 km Fun Walk Sunday, May 5, 2019 9 am – 12 noon

at the Perth Legion

Why should you Hike?

To support Volunteer Hospice Palliative Care Services provided by Community Home Support – Lanark County and the Palliative Care Services at the Perth Smiths Falls District Hospital

All of the services are intended to give people with lifelimiting or terminal illnesses the chance to be cared for at home or in hospital, in comfort and dignity.

Volunteer Hospice Visiting Service - Provides trained volunteers to spend time with people living with a lifelimiting illness to provide companionship and relieve family.

Day Hospice Program - Provides individuals with life threatening illnesses the opportunity to participate in social/recreational activities and enjoy a meal in a supportive environment.

Bereavement Program - A full range of bereavement services are also available, including individual peer support and group support.

Palliative Care Services at our Hospital –to help make end of life care the best it can be.

What happens at the Hike?

Fun and entertainment for the whole family! Bring your family, friends and pets. There will be a **Pancake**Breakfast and a Silent Auction!

9:00 – 10:00 am Registration, Silent Auction, Pancake Breakfast (by donation)

10:00 am Welcome

10:15 am Hike Kick-off

11:00 am Silent Auction Closes

How can I donate?

To donate, pledge an amount, participate as an individual or join a team.

- 1. Online at http://chslc.ca
- 2. Use this pledge sheet for cash or cheque donations.
- 3. Donate at the event.

For more information go to our website chslc.ca and click on "Hike for Hospice" or call 613-267-6400.

Every dollar we raise will benefit people in this community – supporting the efforts of Community Home Support – Lanark County's Volunteer Hospice Palliative Care Services and the efforts of the Hospital Foundations in support of the Perth and Smiths Falls Hospital Palliative Care Services.









PLEASE INSERT ALL PLEDGE MONEY INTO ENVELOPE. WHEN FINISHED COLLECTING, BRING ENVELOPE AND ALL PLEDGE SHEETS TO COMMUNITY HOME SUPPORT – LANARK COUNTY. 40 SUNSET BLVD, PERTH.



Participant's Name:

Hike for Hospice

Sunday, May 5, 2019 9 am – Noon at the Perth Legion

Address:



Postal Code:

Please do not record or collect your online pledges on this form.

Team Name:						Phone:		
Team Captain:		Pledges in Memory	of:					
Tax receipts will be issued for \$20 or more. For receipting purpose, complete pledge information.								
Pledge Name	Mailing Address	City	Postal Code	Phone	Amount	Circle Cash or Cheque		
						Cash/CHQ		Yes No
						Cash/CHQ		Yes No
						Cash/CHQ		Yes No
						Cash/CHQ		Yes No
						Cash/CHQ		Yes No
						Cash/CHQ		Yes No
						Cash/CHQ		Yes No
						Cash/CHQ		Yes No
						Cash/CHQ		Yes No
						Cash/CHQ		Yes No
						Cash/CHQ		Yes No
Please make cheques payable to <i>The Bayshore Foundation</i> . Charitable Registration #89788 5067-RR0001				\$				